

Reply

Forward

Junk

Delete

signing off

Date: Today, 08:37:34 PM MST

From:

To: John

Judy

Kristen

Corey

Cc: Carrie

Attachments: 2021-2023.pdf (187 KB)

Text (1 KB)

John, Judy, Kristen, and Corey,

I hereby acknowledge that communication between each of you and Carrie using texts, mail and email in the past few months has not been toxic. As a result, these forms of communication will remain open unless they become toxic in the future.

Unfortunately, other family interactions in the past two years have been repeatedly toxic (see attached PDF). Since 2021, boundaries have been repeatedly ignored and promises have been broken to the point of insult. I have reflected a great deal on these last two years and there is no reason to expect anything will change. For the sake of Carrie's mental health and mine, communication with Carrie will be limited to texts, mail and email.

To be clear: None of you are allowed to supervise Carrie and none of you are allowed in our apartment.

I am done. Do not contact me.

Signing off,

Matt

2021-2023.pdf (187 KB)

This is a thumbnail of a PDF file attachment.



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